

Care After Cleft Palate Repair

Diet



Liquid Diet:
Days 1-3



Soft Diet:
Days 4-10



Regular Diet:
After 10 days

Soup, jello, juice without pulp, and milk. Nothing hot.

Foods cooked or mashed until very soft. Noodles are ok.

For one month avoid hard and sharp food like carrots, chips, nuts, and popcorn.

Rinse your child's mouth with water to clean it after each meal.

Medications

_____ (medication for pain)

_____ dosage (how much)

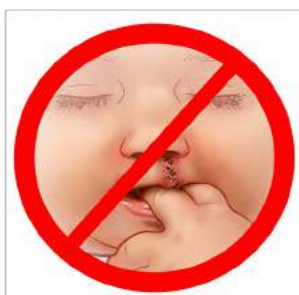
_____ frequency (how often)

_____ (antibiotics)

_____ dosage (how much)

_____ frequency (how often)

Postoperative Care



For 2 weeks



For 2 weeks

- Return to the hospital if your child has a fever, infection, excessive pain, or bleeding.
- Return to the clinic for a postoperative visit in _____, on _____.