

# Postoperative Instructions for Cleft Lip and Palate Repair

## Diet



### Liquid Diet 1 to 3 days

Older Children



Soup, fruit juice without pulp, milk. Nothing hot.

### Soft Diet 4 days to 4 weeks

Younger Children



Foods cooked until very soft or purees. Noodles are ok.

### Regular Diet After 4 weeks



Normal diet. Hard or crunchy foods are ok.

Rinse your child's mouth with water to clean it after each meal.

## Postoperative Care

For 1 week



For 2 weeks



For 2 weeks



Return to the hospital if your child has fever, infection, excessive pain, or bleeding.